



Check for danger



Call 9-1-1



If no sign of life,  
give CPR

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**1 Establish an airway**



**2 Check for breathing**



**3 Give 2 rescue breaths**



**4 Give 30 chest compressions**





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Call 9-1-1



If no sign of life,  
give CPR

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- 1 Establish an airway:**  
Support the jaw and tilt the head. If you see fluid or foreign objects, turn the victim onto his/her side and clear
  - 2 Check for breathing:**  
Look at the chest. Listen for air escaping. Feel for air escaping and chest rising.
  - 3 Give 2 rescue breaths:**  
If victim is non responsive.
  - 4 Give 30 chest compressions:**  
On the center of the chest give 30 compressions and 2 rescue breaths. Do at least 5 times in 2 minutes.

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